

PEDAGOGICAL CONDITIONS FOR COLLECTIVE TRAINING IN PHYSICAL EDUCATION

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Abstract: This research identifies specific pedagogical conditions essential for collective learning within the physical education process. The analysis is grounded in the systematic structure of educational activities and established patterns of team formation.

Keywords: Collective, individual, interpersonal.

JISMONIY TARBIYA JARAYONIDA JAMOAVIY TA'LIM VA MASHG'ULOTINING PEDAGOGIK SHAROITLARI

Annotatsiya: Ushbu maqolada jismoniy tarbiya jarayonida jamoaviy ta'lim uchun zarur bo'lgan muayyan pedagogik shart-sharoitlar aniqlangan. Tahlil o'quv faoliyatining tizimli tuzilishi va jamoani shakllantirishning belgilangan qonuniyatlariga asoslanadi.

Kalit so'zlar: Jamoaviy, individual, shaxslararo.

ПЕДАГОГИЧЕСКИЕ УСЛОВИЯ КОЛЛЕКТИВНОЙ ТРЕНИРОВКИ В ПРОЦЕССЕ ФИЗИЧЕСКОГО ВОСПИТАНИЯ

Аннотация: В данной статье выявлены специфические педагогические условия, необходимые для коллективного обучения в процессе физического воспитания. Анализ основан на систематической структуре воспитательной деятельности и установленных закономерностях формирования коллектива.

Ключевые слова: Коллективный, индивидуальный, межличностный.

Introduction. Physical exercise naturally creates environments that necessitate communication and interaction between participants. These interactions typically include:

- Providing mutual assistance and safety insurance.
- Analyzing and correcting technical errors during motor actions.

While these activities appear joint in nature, they often lack the formal characteristics of collective activity, remaining focused on individual learning processes unless structured otherwise.

Strategic Objectives of Collective Learning.The primary goal of organizing collective training is to move beyond individualistic approaches to develop a cohesive group dynamic. Key objectives include:

- Developing interpersonal relationships within the student group.
- Cultivating personality traits necessary for effective teamwork.
- Fostering both personal and social responsibility for mastering educational materials.
- Increasing the overall efficiency of acquiring knowledge, skills, and abilities.

Implementation Phases.To successfully transition to collective training, educators must follow a structured approach:

- **Preparation:** Students must be oriented toward collective learning conditions in advance. This involves fostering interest in collective goals and highlighting the advantages of this method over individual learning.
- **Action Deployment:** Establishing a system of practical actions that are subordinated to socially significant, collective learning goals.
- **Relational Development:** Ensuring the continuous development of interpersonal relationships through shared practical tasks.

Key Pedagogical Conditions.Based on pedagogical patterns of team formation, the following seven conditions are identified as vital for collective learning in physical education:

1. **Shared Goals:** The group must accept a collective, socially significant cognitive task and goal.
2. **Functional Distribution:** Individual links of activity must be distributed among members, followed by an exchange of results and implementation methods to reach the common goal.
3. **Mutual Responsibility:** Establishing relationships of mutual dependence and responsibility, supported by organized mutual assistance and group-level control over individual work.
4. **Information Coordination:** Organizing active information exchange and the coordination of differing points of view among participants.
5. **Moral Affirmation:** Developing moral standards within the group and affirming each student's personality by utilizing their individual abilities for group success.
6. **Creativity and Competition:** Integrating elements of both creative activity and competitive spirit.
7. **Joint Evaluation:** Concluding activities with a collective summing up of the results achieved by the group.

Conclusion.Collective training in physical education transforms the learning environment from a series of isolated individual efforts into a structured social system. By fulfilling these pedagogical conditions, educators can enhance not only the physical performance of students but also their social responsibility and interpersonal maturity.

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