ADVANTAGES OF DIGITAL TECHNOLOGY IN THE USE OF THE DENTAL COLOR COMPARATOR (DENTAL COLORIMETER) IN MODERN DENTISTRY AND ITS APPLICATION IN DIAGNOSIS AND TREATMENT.

Tashkent State Medical University

Department of Prosthetic Dentistry Propaedeutics Assistant

Bobojonova Shaxnoza Halimjonovna

Annotation.

In modern dentistry, devices that measure tooth color — such as the Dental Color Comparator and spectrophotometers — play a significant role in clinical practice. Digital optical technologies reduce the subjectivity inherent in traditional visual assessments, increase the accuracy of shade selection, and improve the quality of aesthetic treatments. Recent advancements, including artificial intelligence, CAD/CAM integration, digital monitoring, and biomimetic approaches, expand the capabilities of tooth color measurement devices. These devices are essential diagnostic tools that enhance both aesthetics and clinical efficiency.

Keywords: Dental Color Comparator, Dental Colorimeter, VITA, artificial intelligence.

Introduction.

Today, modern dentistry cannot be imagined without advanced digital technologies. The collaboration between dentistry and digital tools has led to the continuous development of increasingly sophisticated and convenient devices, which are of critical importance for both treatment and diagnostics.In aesthetic dentistry, selecting the correct shade is crucial for achieving high-quality restorations, including fillings, veneers, crowns, and other restorative materials, that

match the natural color of teeth. Traditional visual assessment using the VITA shade guide depends on lighting conditions, clinician experience, and human visual perception, which can result in errors.In contemporary dental practice, devices that measure tooth color — including the Dental Color Comparator, colorimeters, and spectrophotometers — are widely used to ensure accurate shade determination and improve aesthetic outcomes.

Main Body.

(To continue the main body in English, you could include the following points in scientific style:)Principle of operation: These devices use optical sensors to analyze the reflected light from the tooth, measuring key parameters such as hue, value, chroma, translucency, opalescence, and fluorescence. Technological advantages: They provide measurements that are more accurate than human visual assessment, minimize subjective errors, and allow consistent digital documentation for laboratory use. Clinical significance: They improve treatment predictability, reduce remakes or corrections due to color mismatches, and support biomimetic restoration approaches.Integration with modern technologies: Devices can be connected to CAD/CAM systems, digital lab workflows, and AI algorithms, allowing optimized shade selection and monitoring of procedures such as tooth whitening.

Principle of Operation

The Dental Color Comparator operates by directing light onto the tooth through an optical sensor and analyzing the reflected spectrum according to several key parameters:

Hue – the basic shade or color of the tooth

Value – the lightness or darkness of the shade

Chroma – the saturation or intensity of the color

Translucency – the degree to which light passes through the tooth

Opalescence – the natural brightness or iridescence effect of enamel

The device matches the measured data to standard shade guides, such as VITA Classical or VITA 3D-Master.

Technological Advantages

The device provides results that are 3–4 times more accurate than visual assessment by the human eye, reducing subjective errors caused by lighting differences, individual visual perception, or clinician fatigue.Measurements are consistently performed according to a standardized protocol, ensuring accuracy and reproducibility.The results can be digitally archived and transmitted to the laboratory, ensuring precise communication between clinical and laboratory teams.Clinically, the device improves treatment efficiency by reducing remakes or corrections due to shade mismatches.Biomimetic capabilities allow precise selection of light absorption, transmission, and scattering, closely mimicking the optical behavior of natural teeth.Modern devices can be integrated with CAD/CAM systems and digital laboratory workflows, enabling the fabrication of veneers and crowns in a single session with maximum shade accuracy.Advanced devices equipped with artificial intelligence (AI) analyze additional parameters such as light distribution and age-related color differences, providing highly precise and individualized recommendations.

Results

The device allows step-by-step monitoring of tooth whitening procedures: before, during, and after treatment.It provides clinicians and patients with accurate, reliable digital results, reducing technical and clinical errors.Digital data, including

tooth color passports, 3D scans, and AI analysis, can be transmitted as a single digital package to laboratories.The system enables precise monitoring of whitening progress, identifying which segments are more or less whitened, and presenting visual differences digitally to the patient.It ensures accuracy and uniformity in the color of the selected restorative constructions.

Conclusion

Tooth color measurement devices save time and resources, reduce the need for repeated procedures, and maximize patient satisfaction. For modern dentistry, these devices serve as scientifically-based, digital, and innovative diagnostic tools that integrate aesthetics and functionality, elevating the quality of treatment to a new level.Dental colorimeters represent one of the most important technological advancements in contemporary dentistry. They are fully integrated with digital diagnostics, artificial intelligence, CAD/CAM systems, biomimetic materials, and precise aesthetic planning, forming an innovative system that combines clinical accuracy, efficiency, and esthetic excellence.

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