

EUPHEMISMS IN MODERN ENGLISH: LINGUISTIC AND SOCIAL FUNCTIONS

Nurmaxmatova Firuza Rasulovna

Uzbekistan State World languages University

Student of English philology faculty

feruzanurmaxmatova2005@gmail.com

Abstract: Euphemism is a common language feature that shows the connection between language, culture, and social norms. In modern English, euphemisms are often used to soften expressions about death, illness, politics, social inequality, and other sensitive issues. This article looks at euphemisms from linguistic and sociolinguistic angles, focusing on how they are formed and their social roles. Drawing on insights from Keith Allan and Kate Burridge, the study investigates how euphemisms act as politeness strategies, ways to save face, and methods of social manipulation. The analysis shows that euphemisms are not just replacements for words. They reflect cultural values, power dynamics, and communication goals. The findings highlight that euphemistic language significantly influences perceptions and helps maintain social harmony in today's English-speaking societies.

Keywords: euphemism, taboo language, politeness strategies, semantic change, political discourse, modern English.

1. Introduction

Language is closely related to social behavior and cultural values. Speakers frequently change their word choices based on context, audience, and social norms. A key strategy for staying polite and avoiding offense is using euphemism. In modern English, euphemisms show up in everyday conversations, media discussions, political communication, and formal language.

A euphemism is an indirect or gentle expression used instead of one that might be seen as harsh, blunt, or socially unacceptable. Instead of saying something directly, speakers opt for different wording to ease emotional impact or steer clear of taboo topics. For example, expressions like “passed away” instead of “died” or “downsizing” rather than “firing employees” show how English uses word substitution to lessen negativity.

This article aims to analyze euphemisms in modern English from both linguistic and social viewpoints. The study examines their types, formation methods, and communicative roles, showing that euphemisms reflect larger cultural and ideological trends.

2. Theoretical Background

The study of euphemism connects closely with research on taboo language and politeness theory. According to Keith Allan and Kate Burridge, euphemisms result from people's tendency to avoid direct references to socially sensitive realities. These realities often include death, bodily functions, sexuality, illness, and social inequality.

Euphemism serves as a strategy that alters or replaces potentially offensive terms. It relates to politeness theory, which suggests that speakers try to protect both their own image and that of others. By softening their words, speakers help maintain social peace and lessen communication tension.

Euphemisms often use metaphor, generalization, borrowing, or abstraction. These techniques help present unpleasant ideas in a more neutral or positive way.

3. Types of Euphemisms in Modern English

3.1 Death-Related Euphemisms

Death is still one of the most sensitive subjects in communication. English has many euphemisms to avoid using the term “die.” Examples include:

- passed away
- no longer with us

- departed
- laid to rest

These phrases soften emotional impact and show respect. Using metaphor like “passed away” suggests movement rather than ending, which makes the idea less jarring.

3.2 Political and Economic Euphemisms

Political discourse often uses euphemisms to shape public views. For instance:

- downsizing (instead of firing employees)
- restructuring
- collateral damage (instead of civilian deaths)
- revenue enhancement (instead of tax increase)

Such phrases often hide negative aspects and present policies in a neutral or positive light. In these cases, euphemism acts as a rhetorical and ideological tool.

3.3 Age and Physical Condition

Modern English avoids phrases that may seem discriminatory or insensitive. Examples include:

- senior citizen (instead of old person)
- visually impaired (instead of blind)
- differently abled (instead of disabled)
- full-figured (instead of overweight)

These euphemisms reflect growing social awareness and changing views on inclusivity and respect.

3.4 Social and Institutional Euphemisms

Institutions often use formal or abstract language to lessen negative connotations:

- correctional facility (instead of prison)
- sanitation worker (instead of garbage collector)
- economically disadvantaged (instead of poor)

Such terms elevate or soften occupational and social identities.

4. Linguistic Mechanisms of Euphemism Formation

Euphemisms in English are created using several language strategies:

4.1 Metaphor

Metaphorical phrases soften harsh truths. For instance, “passed away” portrays death as departure.

4.2 Borrowing

Words borrowed from Latin or French often sound more formal and less direct. For example, “intoxicated” may replace “drunk.”

4.3 Generalization

Vague terms can replace specific negative ones. For example, “issue” can stand in for “problem.”

4.4 Abstraction and Nominalization

Abstract nouns create emotional distance, as seen in “collateral damage” rather than “civilian deaths.”

These techniques show that euphemism creation is not random but rather systematic.

5. Social Functions of Euphemisms

Euphemisms serve several key social functions:

- Politeness and Face-Saving – They protect the emotional well-being of those involved.
- Social Harmony – They help reduce communication conflict.
- Power and Ideology – They can shape perception in political discussions.
- Cultural Reflection – They reveal what society considers taboo or sensitive.

Thus, euphemisms influence not only language but also thought and how the public interprets reality.

6. Conclusion

Euphemisms are an important part of modern English vocabulary. They are not just stylistic options but socially driven language strategies. Through metaphor, borrowing, generalization, and abstraction, English speakers soften harsh realities and keep communication balanced.

The analysis shows that euphemisms reflect cultural norms, social values, and power dynamics. They highlight the changing relationship between language and society, showing how language choices affect perception and understanding.

Future research could further investigate the link between euphemism and political discourse or compare euphemistic patterns across various languages and cultures.

References:

- 1.Keith Allan & Kate Burridge. (1991). Euphemism and dysphemism: Language used as shield and weapon. Oxford University Press.
- 2.Allan, K., & Burridge, K. (2006). Forbidden words: Taboo and the censoring of language. Cambridge University Press.
- 3.Rawson, H. (1981). A dictionary of euphemisms and other doubletalk. Crown Publishers.

4. Penelope Brown & Stephen C. Levinson. (1987). *Politeness: Some universals in language usage*. Cambridge University Press.
5. Leech, G. (1983). *Principles of pragmatics*. Longman.
6. Thomas, J. (1995). *Meaning in interaction: An introduction to pragmatics*. Longman.
7. Norman Fairclough. (1995). *Critical discourse analysis: The critical study of language*. Longman.
8. Teun A. van Dijk. (1998). *Ideology: A multidisciplinary approach*. Sage.
9. Cruse, D. A. (2000). *Meaning in language: An introduction to semantics and pragmatics*. Oxford University Press.
10. Peter Trudgill. (2000). *Sociolinguistics: An introduction to language and society* (4th ed.). Penguin.