



## HAVE YOU EXPERIENCED YOUR FATHER'S LIFE?

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**Abstract:** This article explores the significant role of a father, their life journey, the love they give and the immense strength with which they live for their families. In this article, we will delve into our father's life stories, their outlook on the world and the difficulties they faced for the sake of their children.

**Key words:** Understanding a Father, biological factors, paternal instincts, lifestyle, the modern father's image and a father's worth.

"My father didn't tell me how to live, he lived and let me watch him do it" Clarence Budington Kelland.

As mentioned above, fathers don't teach you how to live. They just live and their children watch and learn from their lives. It's so difficult to define the word "Father". My heart can't find the strength to express this concept. My words fail to describe my love for him. My tongue can't even say, "Dad,do you know how much I love you?" why?. Why can't we say this? For some, these words are simple and they say them all the time, but for people like me, this feeling is like trying to move a mountain with a shield.

My father has always lived for his family, his children and his work. To this day, I can't recall him ever saying he wanted something for himself. I don't know if he ever wore clothes he liked, ate the food he wanted or lived the life he truly desired. He always worked hard so that his children could wear, eat, and live well and so they wouldn't have to live the life he did. My father is my hero. I'm sure everyone sees their father that way. To me, he is an invincible force. He's serious, powerful, intelligent- a person who can smile even on the toughest day.

A question comes to my mind: Why shouldn't I work hard for him now? After all, my father gave his everything for me. He is educating me, clothing me, and feeding me so that I will not be second to anyone. Why should I only think of myself and abandon him? Isn't that unfair? Or is that just how life is?

I don't agree with that. It's true that a person gets an education for their own life and future. But our parents are sweating for us. And here we are, living without any worries. You know what my goal is?

First and foremost, I will get an education for my parents and I won't forget about myself either, because who is all this effort for? When your self-confidence is strong and





you always imagine your parent's smiles in your dreams and goals, you're on the right path.

When a woman becomes pregnant, maternal instincts surround her, and she prepares herself for motherhood. Fathers are the same. When a man first hears the news, he also goes through a period of adaptation. He feels the paternal instinct within himself and he begins to prepare for fatherhood. After the child is born, he holds the tiny body and asks, "Is this really my child?"

According to research, when a father hears his child's cry, the emotional centers of his brain become active. This indicates that a father can also feel and connect with his child on a biological level. It's clear from this that fathers also feel and hear us. My dad is an incredibly resilient person. He has always seemed like a strong figure in my eyes. He may not have a university education, but he has plenty of life experience. He always leaves for work early in the morning and comes home late at night. His eyes are always red and tired, but despite that, he still smiles at me. Seeing him like that breaks my heart. I constantly wish I could finish my university quickly, get a job and help him. My dad cherishes his daughter so much that he wants me to study and learn, rather than earn money. He raised me like a flower in a glass jar, protecting me from all sorts of harmful insects. That's why he doesn't feel ready to give his beloved daughter away to someone else. Even if he doesn't say it, I can see it in his eyes. I love my father so much that sometimes this love feels stronger than my love for my mother. Perhaps that's why scholars say that daughters are close to their father.

I have so much more to say about my father, but I can't find the strength to express it. Maybe that's why fathers don't demand it from us. If you've noticed, fathers treat their daughters like princesses. Protecting and cherishing them seems to be in their blood. That's just how fathers are. They may appear strong, powerful and serious on the outside, but they are defeated by a single smile from their daughters.

I have lived a small part of my father's life. What about you?

Life is something that doesn't wait for you. You grow up, and the things around you change, so much that you don't even notice. But when you come home and see your parents, when you see how they have aged, you feel that time is running out. To avoid feelings this way, it's important to give them attention and love right now. May our parents always be healthy and safe for our happiness and theirs.

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