



THE ROLE OF NURSING IN MODERN DENTAL CARE

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Abstract

Modern dental care increasingly relies on interdisciplinary collaboration, where nursing professionals play a vital role in improving patient outcomes. This article explores the integration of nursing practices in dentistry, focusing on patient care, infection control, and health education. The study highlights how nurses contribute to enhancing the quality and safety of dental services.

Keywords

Dental care, Nursing, Oral health, Patient safety, Infection control

Introduction

Dentistry has evolved beyond traditional oral treatment to include comprehensive patient-centered care. Nursing professionals are essential members of the dental team, providing support before, during, and after dental procedures. Their role is especially important in maintaining hygiene, assisting dentists, and educating patients about oral health.

The Role of Nurses in Dental Practice

Nurses in dental settings perform various responsibilities, including:

- Assisting dentists during procedures
- Monitoring patient vital signs
- Preparing instruments and materials
- Ensuring sterilization and infection control

They also help reduce patient anxiety by providing emotional support and clear communication.



Infection Control and Safety

Infection prevention is a critical aspect of dental care. Nurses are responsible for implementing strict sterilization protocols and maintaining a clean clinical environment. They follow international guidelines to prevent cross-contamination and ensure patient safety.

Patient Education and Preventive Care

Nurses play a key role in educating patients about oral hygiene practices such as brushing, flossing, and regular dental visits. Preventive care reduces the risk of oral diseases and promotes overall health.

Discussion

The collaboration between dentists and nurses leads to improved efficiency and better patient satisfaction. With proper training, nurses can take on expanded roles in dental care, contributing to a more effective healthcare system.

Conclusion

Nursing professionals are indispensable in modern dentistry. Their contributions to patient care, infection control, and education significantly enhance the quality of dental services. Future healthcare systems should continue to integrate nursing roles into dental practice.

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