



## TRADITIONAL AND MODERN ENGLISH LANGUAGE TEACHING METHODS

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**ANNOTATION:** *In this article, both traditional and modern methods of teaching English are discussed in detail. The main principles, techniques, and goals of traditional instruction are explored, along with its advantages and disadvantages. Special attention is given to the achievements and outcomes that have been obtained through the use of these conventional methods in English language education. Furthermore, modern approaches to teaching English that are widely applied today are examined, with emphasis on their innovative features, effectiveness, and influence on learners' motivation and language proficiency. By comparing both approaches, the evolution of English language teaching over time is demonstrated, and it is shown how the integration of traditional and modern methods can create a more balanced and effective learning process.*

**Key words:** *Traditional methods, modern methods, Grammar-Translation Method, Audio-Lingual Method, Task-Based Learning, Blended Learning*

In recent years, modern methods of English language teaching have been widely adopted by many teachers in schools, colleges, lyceums, language centers, and universities. However, we cannot completely disregard traditional methods of language teaching, as they also have a number of advantages despite certain limitations. Both modern and traditional approaches have their own unique contributions to the process of language learning. Therefore, as a future English



teacher, I have decided in this article to discuss the main advantages and disadvantages of both traditional and modern methods in English language teaching, to compare them, and to identify effective ways of maintaining a balance between these two approaches in the teaching process.

## **Grammar-Translation Method (GTM)**

The Grammar-Translation Method is one of the oldest and most widely used traditional approaches to teaching English. The main objective of this method is to enable students to read and translate texts from English into their native language and vice versa. Grammar rules are explained in detail, and students are required to memorize long lists of vocabulary. The primary focus is on developing reading and writing skills, while listening and speaking are largely neglected. Although this method helps learners to improve their grammatical knowledge and expand their vocabulary, it often fails to develop their ability to use English effectively in real-life communication.

## **Audio-Lingual Method (ALM)**

This method, which emerged in the mid-20th century in the United States, proved to be highly effective for language learners. It is based on the idea that language learning is a process of habit formation. The method involves extensive repetition and practice of language patterns and structures. In this approach, students carefully listen to and repeat the teacher's sentences in order to internalize correct pronunciation and grammar. The main advantage of this method is that it helps learners develop accuracy, automatic responses, and quick thinking in using the target language.

The traditional methods mentioned above are effective in certain aspects; however, they can also be quite complex and time-consuming. Learning English through these approaches often requires a great deal of effort and usually focuses on developing only one or two specific skills, such as reading or writing. Nowadays, these methods are considered somewhat outdated, and many teachers prefer not to



rely on them when teaching English, as they do not fully meet the needs of modern learners who aim for communicative competence.

### **Modern methods of teaching**

Task-Based Learning (TBL) Task-Based Learning focuses on using language as a tool to complete meaningful tasks, such as planning a trip, writing an email, or giving a presentation. Through this approach, learners acquire the language naturally while solving real-life problems. The learning process typically consists of three main stages: the pre-task, the task, and the post-task reflection. One of the key advantages of this method is that it encourages creativity, collaboration, and critical thinking among learners. However, it can be challenging for beginners who may struggle without sufficient language support.

### **Blended Learning**

Blended learning combines traditional face-to-face instruction with online learning platforms and digital tools. In this approach, teachers integrate a variety of technological resources, such as videos, mobile applications, interactive exercises, and virtual classrooms, to enhance the learning experience. This method allows for flexibility, engagement, and the exploration of diverse learning styles, enabling students to learn at their own pace and according to their individual preferences. However, learners are also required to develop sufficient technological knowledge and digital literacy to participate effectively in blended learning environments.

In conclusion, Today, English is the main key to development in the fields of trade, business, education, science, and technology. In addition, knowing this language makes it possible to study and work in foreign countries. That is why many people are trying to learn it. People usually look for easy, fast, and effective ways to learn a language. Therefore, learning English is necessary not only for personal development but also for better communication with the world. The methods mentioned above are listed so that people can learn the language more easily. Both modern and traditional methods are effective; therefore, it is important to study and learn more.



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