



CAUSES OF DELAYED SPEECH DEVELOPMENT IN CHILDREN

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Annotatsiya. Ushbu maqolada bolalarda nutq rivojlanishining kechikishiga olib keluvchi asosiy sabablar, ularning tasnifi, klinik belgilari hamda psixologik xususiyatlari keng yoritilgan. Nutq rivojlanishidagi buzilishlarning biologik, nevrologik, psixologik va ijtimoiy omillari chuqur tahlil qilinadi. Shuningdek, nutq kechikishini erta aniqlash, diagnostika usullari, profilaktika choralarini tashkil etish hamda logopedik va pedagogik korreksiya yo'llari haqida ma'lumot beriladi. Maqolada bolalarda nutqni rivojlantirishda oilaviy muhit, ta'lim-tarbiya jarayoni va tibbiy yondashuvning o'zaro bog'liqligi alohida ta'kidlanadi.

Kalit so'zlar. Nutq rivojlanishi, nutq kechikishi, bolalar psixologiyasi, eshitish buzilishi, nevrologik kasalliklar, logopediya, rivojlanish nuqsonlari, ijtimoiy muhit, kommunikatsiya, artikulyatsiya.

Annotation. This article provides a comprehensive overview of the main causes of speech delay in children, their classification, clinical symptoms and psychological characteristics. The biological, neurological, psychological and social factors of speech development disorders are analyzed in depth. It also provides information on early detection of speech delay, diagnostic methods, organization of preventive measures and ways of speech therapy and pedagogical correction. The article emphasizes the interrelationship of the family environment, the educational process and the medical approach in the development of speech in children.



Keywords. *Speech development, speech delay, child psychology, hearing impairment, neurological diseases, speech therapy, developmental disabilities, social environment, communication, articulation.*

Аннотация. *В данной статье представлен всесторонний обзор основных причин задержки речи у детей, их классификации, клинических симптомов и психологических характеристик. Подробно проанализированы биологические, неврологические, психологические и социальные факторы нарушений развития речи. Также представлена информация о ранней диагностике задержки речи, методах диагностики, организации профилактических мероприятий и способах логопедической и педагогической коррекции. В статье подчеркивается взаимосвязь семейной среды, образовательного процесса и медицинского подхода в развитии речи у детей.*

Ключевые слова. *развитие речи, задержка речи, детская психология, нарушения слуха, неврологические заболевания, логопедия, нарушения развития, социальная среда, коммуникация, артикуляция.*

Speech is an important means of communication in human life, which plays a key role in the mental, emotional and social development of a child. Through speech, a child communicates with the environment, acquires knowledge, expresses his thoughts and adapts to society. Therefore, speech development is one of the indicators of a child's general development.

Speech development in children is formed in stages: first, sound production (gurgling), then the appearance of syllabic speech, words and sentences is observed. It is important that each stage occurs in a timely manner.

In some cases, speech development lags behind the norm or is disrupted. This negatively affects the child's mental development, social adaptation and educational process. The problem of speech delay is one of the urgent problems of pediatrics, neurology and speech therapy today, and its early detection and elimination based on an integrated approach are of great importance.

Speech delay in children is a multifactorial process and occurs due to the following reasons: Biological (organic) factors. These factors are related to the



central nervous system and the general health of the child: pathologies during pregnancy (infections, hypoxia, toxicosis), complications during childbirth (trauma, oxygen deficiency), defects in brain development, impaired functioning of the auditory analyzer, hereditary (genetic) diseases. For example, children with hearing loss have impaired speech formation, because they cannot hear and repeat speech sounds correctly.

Neurological factors. Disorders in the functioning of the central nervous system directly affect speech development. Such conditions include: Alalia (lack of speech formation), autism spectrum disorder, attention deficit and hyperactivity syndrome, perinatal encephalopathy. In these diseases, the child has difficulty understanding and expressing speech.

Psychological factors. Emotional deprivation (lack of parental affection), stressful environment and mental stress, fear, mental trauma, incorrect attitude of parents. Such factors lead to a decrease in the child's speech activity.

Social factors. Poor speech environment, little communication with the child, excessive use of gadgets, poor communication within the family, incorrect methodological approach to bilingualism. In modern times, especially dependence on gadgets is one of the important factors causing the late development of children's speech.

Pedagogical factors. Insufficient speech development activities, shortcomings in the upbringing process, lack of games and activities appropriate to the child's age.

The right pedagogical approach can significantly accelerate speech development.

Signs of speech delay. Low vocabulary at 2 years old, inability to build simple sentences at 3 years old, poor speech understanding, incorrect pronunciation of sounds.

Prevention and corrective measures. Constant and active communication with the child, reading and talking, examination by a speech therapist, neuropathologist, regular testing of hearing, use of developmental games and



activities, restriction of the use of gadgets. Early diagnosis and an integrated approach (medical, pedagogical and psychological) can effectively eliminate problems in speech development.

In conclusion, speech development delay in children is a multifactorial and complex process, which is closely related to biological, neurological, psychological and social causes. Timely identification of speech delay and treatment based on the right approach are important for the future mental and social development of the child.

The cooperation of parents, teachers and medical personnel plays an important role in the development of a child's speech. By creating a healthy environment, paying sufficient attention to the child and taking into account his needs, speech development can be effectively stimulated.

Thus, a responsible approach to the development of speech in children is one of the important factors in increasing the intellectual potential of society.

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