



medical activities, patient care procedures, interaction with children and their families, and teamwork within the healthcare system. Additionally, the challenges encountered during pediatric practice and strategies for overcoming them are discussed. The findings demonstrate that practical experience significantly enhances clinical reasoning, responsibility, and empathy among medical trainees, preparing them for real-world medical practice.

Keywords. *Pediatrics, clinical practice, medical training, child healthcare, practical experience, nursing skills, patient care, healthcare education, communication skills, clinical competence*

Аннотация. *Практическая подготовка в педиатрическом отделении играет решающую роль в формировании профессиональной компетентности будущих специалистов здравоохранения. В данной статье рассматривается опыт, полученный в ходе клинической практики в педиатрической практике, с акцентом на развитие теоретических знаний, клинических навыков, коммуникативных способностей и этического понимания. Исследование сосредоточено на повседневной медицинской деятельности, процедурах ухода за пациентами, взаимодействии с детьми и их семьями, а также на командной работе в системе здравоохранения. Кроме того, обсуждаются проблемы, встречающиеся в педиатрической практике, и стратегии их преодоления. Результаты показывают, что практический опыт значительно улучшает клиническое мышление, ответственность и эмпатию среди будущих врачей, подготавливая их к реальной медицинской практике.*

Ключевые слова. *педиатрия, клиническая практика, медицинское образование, детское здравоохранение, практический опыт, навыки сестринского дела, уход за пациентами, медицинское образование, коммуникативные навыки, клиническая компетентность.*

Today, in the training of qualified specialists in the medical field, along with theoretical knowledge, practical skills are also of great importance. In particular, the pediatrics direction is one of the areas that requires special sensitivity and



responsibility. In the process of working with children, not only medical knowledge, but also patience, kindness and the ability to communicate correctly play a big role.

Pediatrics is a specialized field of medicine that deals with the health and medical care of infants, children, and adolescents. Practical training in the pediatric department is an essential component of medical education, as it provides students with hands-on experience in diagnosing, treating, and managing pediatric patients. Unlike adult medicine, pediatrics requires a unique approach due to the physiological and psychological differences in children.

The purpose of this article is to analyze the practical experience gained during training in the pediatric department and to evaluate its impact on professional development. The study also aims to identify the challenges faced by trainees and propose recommendations for improving clinical education.

As a student of the medical faculty, I did my internship in the pediatrics department. During this internship, I not only strengthened my theoretical knowledge, but also gained experience working in a real medical environment. During the internship, I acquired important skills such as communicating with sick children, their parents and medical staff, observing disinfection rules and working with medical documents.

Numerous studies emphasize the importance of clinical practice in medical education. According to modern educational theories, experiential learning enhances knowledge retention and skill acquisition. In pediatrics, hands-on training is particularly significant because it helps students understand child-specific diseases, growth patterns, and developmental stages.

Researchers have also highlighted the importance of communication skills in pediatric care. Effective interaction with both children and their parents is essential for accurate diagnosis and successful treatment. Ethical considerations, such as patient confidentiality and informed consent, are also critical in pediatric settings.

Communication with patients and their relatives. One of the most important aspects of working in the pediatrics department is proper communication. During the



internship, I learned to communicate verbally and non-verbally with sick children, their parents and relatives.

Communicating with children is more difficult than with adults. They can often be timid, moody, or anxious. Therefore, it is necessary to approach them in a gentle, kind, and understanding manner. I tried to use a gentle tone when approaching children, not to scare them, and to instill trust.

Working with parents was also of great importance. They are often worried about their child's health. Therefore, I realized that it is important to give them clear, understandable, and reliable information, calm them down, and support them.

Interpersonal communication skills. During my internship, I learned to communicate effectively not only with patients, but also with doctors, nurses, and other medical staff. Mutual respect, cooperation, and understanding are important when working in a medical team.

I learned to work in a team, complete tasks on time, and ask for help when necessary. This was a very useful experience for my future professional career.

The study is based on observational and participatory methods during clinical practice in a pediatric department. Data were collected through:

- Daily observation of medical procedures;
- Participation in patient care activities;
- Communication with healthcare professionals;
- Reflection on personal clinical experiences.

Preparation of disinfectant solutions. It is very important to observe the rules of hygiene and cleanliness in medical institutions. During the internship, I learned how to prepare disinfectant solutions.

In this process, attention was paid to the following aspects:

- Maintaining the correct concentration of the solution;
- Following safety rules;
- Using special containers;
- Disinfecting used instruments.



Through these skills, I deeply understood the importance of disinfection in the prevention of infectious diseases.

Working with medical documents. During the internship, I also got acquainted with the procedure for maintaining medical documents. This process is very important in medicine, because complete and accurate information about each patient must be kept.

I learned to work with the following documents:

- Patient card;
- Medical history (anamnesis);
- Treatment forms;
- Observation results.

I understood the importance of filling out documents correctly and accurately, avoiding errors, and maintaining confidentiality.

The uniqueness of the pediatric department. The pediatric department is distinguished from other departments by its unique features. Here, an individual approach to each patient is required. Since the children's organism is different from that of adults, the treatment methods are also different.

During the internship, I observed the following:

- Diseases can develop quickly in children;
- Their immune system is not yet fully formed;
- A psychological approach is very important.

This experience once again made me realize how responsible the pediatrics field is.

Difficulties encountered during the internship. As in any learning process, I encountered some difficulties during the internship. In particular:

Initial difficulties in communicating with children

Quickly and correctly understanding medical terms

Lack of experience in performing practical work



However, over time, with the help of my mentors, I was able to overcome these difficulties.

Lessons learned from the internship

This internship gave me a lot of experience. I came to the following important conclusions:

In medicine, along with knowledge, humanity is also important

An individual approach to each patient is necessary

Teamwork skills are important

Cleanliness and hygiene are the key to health

During the training period, a wide range of practical activities were performed, including:

Students learned how to:

- Measure vital signs (temperature, pulse, respiration)
- Assess physical condition and symptoms
- Monitor growth and development

Trainees participated in:

- Administering medications under supervision
- Assisting in diagnostic procedures
- Providing basic nursing care

Communication is a key aspect of pediatric care. Students developed skills in:

- Explaining medical procedures in simple language
- Reducing anxiety in children
- Building trust with parents

Proper documentation of patient records was emphasized, including:

- Recording medical histories
- Writing daily reports
- Maintaining confidentiality

Despite the valuable experience, several challenges were encountered:

- **Emotional stress** when dealing with sick children



- **Communication difficulties** with young patients
- **Lack of confidence** in performing procedures
- **Time management issues** in a busy clinical environment

These challenges required adaptability, patience, and continuous learning.

The practical experience in the pediatric department significantly contributed to the development of clinical competence. Students were able to bridge the gap between theoretical knowledge and real-life application. The experience also improved critical thinking, decision-making, and interpersonal skills.

Moreover, working in a multidisciplinary team helped students understand the importance of collaboration in healthcare. The role of nurses, doctors, and other medical staff was observed closely, providing a comprehensive view of the healthcare system.

The internship in the pediatric department was an important stage in my professional development. During this process, I had the opportunity to apply my theoretical knowledge in practice, work with patients, and be part of the medical team.

I realized that such internships are very important for me to become a qualified doctor in the future. I realized that patience, kindness, and attention are especially important when working with children.

Therefore, this internship experience will serve as a solid foundation for my future career.

Practical training in the pediatric department is an indispensable part of medical education. It equips students with essential clinical skills, enhances their confidence, and prepares them for future professional responsibilities. Despite the challenges, the experience is highly rewarding and contributes significantly to personal and professional growth.

To improve the effectiveness of pediatric training, it is recommended to:
Increase supervision and mentorship;
Provide more simulation-based training;
Enhance communication skill development programs.



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