



**A GLOBAL PROBLEM – WAYS TO ELIMINATE AND PREVENT
VIOLENCE AGAINST CHILDREN AND WOMEN THAT WE ALL
CONFRONT**

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Abstract: *This article examines the global problem of violence against children and women that we all face – ways to eliminate and prevent it. It also analyzes the social, psychological, and legal aspects of violence against women, girls, and children. This article focuses on protecting the rights of women and children, safeguarding them from violence, and preventing unequal treatment.*

Keywords: *Gender-based violence, violence against women and children, domestic violence, child protection and women's rights, gender equality.*

INTRODUCTION. This article is dedicated to a thought-provoking and heartbreaking topic: violence. Violence is often committed through the use of force, threats, pressure, coercion, or discrimination. In our time, technology is advancing, access to knowledge is expanding, but, unfortunately, humanity, love, and tolerance are declining. Nowadays, many are accustomed to solving problems through violence. The modern spread of pornographic videos on social media, abuse of women, and polygamy are changing people's worldviews, and as a result, men look down on women. The most vulnerable groups in society, namely women and children, are often the victims of violence. According to data for 2024, one in three women (approximately 30%) has



experienced physical or sexual violence (WHO, UN WOMEN, 2024). In 2023, 51,100 women and girls were killed by family members or intimate partners (UNODC, UN WOMEN). Being subjected to such violence by family members, trusted adults, or loved ones is deeply saddening and frightening. 1.6 billion children (two-thirds of the world's population) have experienced domestic violence (UNICEF, 2024). For every child, home is a place of protection, love, and care. But statistics show the opposite. In some societies, domestic violence is perceived as normal. This suggests that the legal protection system for children is inadequate in many countries. An estimated 90 million children have been victims of sexual violence (UNICEF, 2024). Comparing these data with 2020 data reveals an increase in the number of such cases. Despite efforts to reduce and combat violence, this negative indicator continues to rise year after year.

The main reason for this is that the perpetrator receives a light punishment. If they receive a light punishment, they may lose their sense of responsibility and commit the same act again, and the worst thing is that this provokes others to do the same. Another reason is interstate wars, which continue to lead to the death and violence of children and women. They exploit their weakness to commit both sexual and physical violence. On the other hand, in some Eastern countries, there is a concept that "women should submit to men," which increases the tendency of some men to drink, use drugs, and commit violence due to their frivolous attitude toward life. As a result, women's rights are violated. In today's information-saturated world, cyberbullying is also on the rise. Cyberbullying is violence such as insults, threats, blackmail, and photo-sharing online. Currently, according to the UN and UNICEF, there are approximately 1.5 billion such cases, but by 2024, this number is expected to reach 2.1 billion. This figure shows that these negative consequences have increased by 0.6 billion, meaning that, according to UNICEF, cyberbullying has increased by 42% in 2024 compared to 2020. Statistically, this situation is most common among women and girls aged 13-24. The internet and social media have become an integral part of our lives. We make friends there, gain knowledge, and express our opinions. There's always another side to the coin. You may be a good person, but those around you may not be. Some people ruin the reputations of many



people and threaten them online. A lack of knowledge about how to use information correctly and the tendency to post one's own photos everywhere fuel this violence. Nowadays, various artificial intelligence tools, Photoshop, and other tools can make people's photos or videos do things they shouldn't do or say things they shouldn't, making them victims of violence.

According to 2021 data, 39,343 cases of violence against women were registered in Uzbekistan, of which 34,330 (87%) were victims of domestic violence. Everyone desires peace, love, and respect in their home. However, in some families, disagreements, wars, quarrels, and even violence occur. Such situations negatively impact children's mental health and the stability of society. According to the Ministry of Internal Affairs of Uzbekistan, 48,303 women and girls were victims of violence in 2025. This is a 40.7% increase compared to 2021. According to data from the Prosecutor General's Office of the Republic of Uzbekistan and the Committee on Family and Children's Affairs for 2025, while 12,400 children were subjected to violence in 2021, this negative result will reach 18,900 children by 2025. This represents a 52% increase. The solution to this problem is a major challenge worldwide. To reduce violence, each of us must start with ourselves. If we treat others with kindness, humanity, not violence, will grow in society. Education is another important factor. In many cases, the problem is related to the mental state and culture of women and men. It would be useful to organize special classes for them. In the information age, it is necessary to widely disseminate the message "We are against violence and crime!" on television and social media, using information resources. (Committee on Family and Women's Affairs of the Republic of Uzbekistan).

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