

PSYCHOLOGICAL EFFECTS OF DOMESTIC VIOLENCE ON THE BEHAVIOUR OF ADOLESCENTS

Samarkand State University named after Sharof Rashidov

Atoeva Gulshoda Rabimovna,

Associate Professor of the Department of Psychology

Abstract: the article examines the influence of family factors on the behavior of adolescents, in particular, family violence. The types, manifestations, and causes of domestic violence are analyzed psychologically. Ways to eliminate them have been developed.

Key words: domestic violence, parent, teenager, mental violence, physical violence, conflicts, school environment.

"Family is sacred to me. It is sacred that first of all, no matter where you work, no matter who you are, if you do not pay special attention to upbringing in the family, the atmosphere in the family, honesty in the family, attitude, upbringing, there will never be results", - President Shavkat Mirziyoyev emphasises in his speech. [1]

Caring for future offspring, striving to raise healthy, harmoniously harmonious offspring are among our national characteristics. The child lives in a family environment from the day they are born. Traditions, values, and customs specific to the family form the child's inheritance.

In the social life of the Republic, decrees, resolutions and recommendations dedicated to the protection of family, motherhood and child became a great event and were warmly welcomed. Undoubtedly, they have succeeded in creating a new, democratic family in Uzbekistan. But the creation of a new family is not a simple task.

Although the divorce rate of a couple decreased in the following years, this is still a considerable amount. There are still a lot of dysfunctional families. All this, first of all, adversely affects the upbringing of children, as well as the spiritual condition of

men and women, their labour and social activity. The society cannot be indifferent to such events. A strong family is one of its most important foundations. [3]

Taking care of a perfect person, his work and life, spiritual development is the main goal of our republic.

A person's qualities, the basis of his attitude to work, spiritual, ideological and cultural wealth are formed in the family. Society is interested in a strong, spiritually and morally healthy family. For this reason, our republic considers family strengthening, children's upbringing, as well as assistance in improving social living conditions to be of state importance.

Family relations are not pure "personal relations", family and family relations directly influence the development of the state and society, their spiritual wealth. Therefore, the family and family relations are regulated by extremely important social norms and legal norms.[3]

Domestic violence is a very broad topic, with hundreds of studies devoted to it. It mostly affects children and women. According to research, it is typical for families where the boundaries between members of such a unit of society are blurred.

In most cases, family violence is understood as a recurring cycle of physical and verbal, spiritual, sexual violence, the purpose of which is to control, instill fear, and intimidate.

A family is where a person becomes perfect. A loved one who realizes his identity is a cradle on the threshold. The essence of the family is to give birth and raise children, but adults in their education cannot force children to imitate good habits and not to follow bad habits. [2]

Especially a minor child gets used to unpleasant behavior faster, because he is more interested in forbidden things. In such cases, children are usually given verbal advice and negative behavior is allowed in practice.

As the child grows up in the family, he sees and observes not only the virtues that he directly participates in, but also the interactions of adults and their treatment to each other, and his, especially at the age of adolescence, one's opinions are formed. The

social life of adolescents becomes complicated during the period of rapid physiological changes in their body.

Today, there are no basic conditions for violent acts, but there are certain psychological and social factors that affect and negatively affect a person.

This includes:

Several types of this negative impact combine several types of violence: physical, emotional, sexual, violence against children.

This effect can regularly harm one of the family members or partners. According to statistics, the most vulnerable members of society - children, women and the elderly - suffer more from domestic violence.

Yusuf Khos Khajib said, "Whoever has good manners and correct morals, he will achieve his goal and happiness will smile at him", good morals are the foundation of society and good things. "Honest, truthful, Morality - a decent person is more valuable than any valuable thing."

In Bolalaik, it is observed that the conflicts in the family of the parents are transferred to the marital relationship of the person in a programmatic form, and he, in turn, gives the "Inheritance" to his children.

Domestic violence is a devastating blow for many of those who experience it. Observations show that men who commit acts of violence against their wives and children are usually described as:

- Pathologically jealous
- He became a hypocrite
- People who consume alcoholic drinks and drugs
- They are those who do not think that such behavior will lead to serious consequences.

Repetitive violence causes severe emotional pain, depression, and fear, and sometimes leads to dire consequences up to suicide. Violence in the family causes great harm not only to the woman who is the object of such actions, but also to the

suffering of all family members, especially children. [4] Many children, especially teenagers, are deeply distressed when they witness violence in their homes.

They burn in the fire of grief, condemnation, fear, sadness, and anger for their mother who is suffering. Children and adolescents living in such an environment are different from their peers.

They grow up to be lazy, aggressive or, on the contrary, passively sluggish, depressed, nervous and timid. They show bad behavior in public and find it difficult to find ways to resolve conflicts. He loses trust in people, especially the elderly. The most dangerous thing is that some teenagers accept violence as the best way and choose only this method to achieve their goals.

In order to comfort themselves, some teenagers sometimes run away from home, drop out of school, join street kids, smoke, drink, and take drugs, all of which lead to a person's decline. brings All this will probably lead to crime. "

People express negative emotions in different ways towards other people. Someone just talks bad about someone behind their back, and someone chooses a harsher and more unpleasant method of influence - psychological violence.

Statistics show that the victims are often children, not adults. Minors are subjected to psychological violence at school, on the street, at home. This is a very serious problem. Nothing can influence children like the power of a role model. The sample plays the role of the main source for imitation. A personal model is a set of actions and other activities of older people that influence the mind and behavior of the growing young generation as education.

The educational influence of adults as role models is important because they are a living source for the imitation of children and adolescents. In the hadiths, "A believer attains the level of *Qa'im* (awake with prayer) at night and *Sa'im* (fasting) during the day with his good behavior", "The best of you is your pleasant and sweet conversations.

And your bad ones are those who fill their mouths, have bad habits, and speak a lot of things, "The advantage of believing people is good manners", "Pride is from faith", "All evil is from the tongue" and so on.

"We need to raise a healthy generation and bring it to adulthood," says I.A. Karimov, "by a healthy person we mean not only physical health, but also a person who has matured oriental morals and universal ideas." [8]

A. Navai in "Mahbub-ul-Qulub": "There is no loyalty without loyalty, and there is no loyalty without loyalty. Everyone does not have these two - no faith, and everyone does not have faith - there is no possibility to be humane." "q". That is, a person without faith is not a person." Alisher Navoi calls people to be moral and polite and defines morality in this way. "Morality is the heavy clothing of the person, and the clothing is the precious decoration of the body.

At the same time, it is morality that decorates a person." Alisher Navoi's wisdom embodies the meaning of the universe. In his wisdom, issues such as knowledge - enlightenment, kindness - consequences, and humanity occupy a central place.

If someone bows to the scientists, Qilur bows to the prophet. The poet appreciates and glorifies the people of science. He emphasizes that bowing to scholars is equal to bowing to the prophet. [6].

Family upbringing means the process of regular, consistent, ideological and spiritual influence of parents on the basis of their lives and lifestyles in order to form the foundations of worldview, political, moral, aesthetic and other social factors in the child. Talks and lectures such as "Family" series, "Broadcasts for children", and finally "The words of fathers are the eyes of the mind" are focused on the issues of raising a new, well-rounded person. Also, family and family relationships, articles and news about children's education in the family, published in the newspapers "Oila va Somyat", "Zarafshon", "Khalk Sozi" and regional newspapers, are also about the family, strengthening its unique characteristics, all-round adulting. they set themselves the goal of bringing up a perfect human being.

The higher the spirituality of the family, the more mature the children will be. It is appropriate to use national traditions and values in the upbringing and moral formation of our children in the family.

In the upbringing of the young generation, these values and traditions show all their aspects and have a positive effect on the formation of new social relations. In order to educate children in the spirit of national traditions, it would be appropriate if the family, school, and teachers work together step by step.

- Coordination of family and public activities in raising children in the family based on national traditions.

- When raising children and teenagers in the family, character traits are taken into account.

-Increasing the pedagogical and psychological knowledge of parents in the family.

- When neighborhood psychologists organize psychotrainings for parents.

- If measures are developed for the formation of spiritual and moral consciousness in children and adolescents.

- To educate and develop spiritual and moral feelings in them.

- Formation of spiritual and moral behavior skills and habits in teenagers.

If there is a peaceful and moderate atmosphere in the family, where the freedom and rights of all members are respected, both the woman and the children flourish, mature, feel strong, and show their full potential.

Our Constitution, which is based on the oriental traditions of our independent country and the historical experiences of our people, is the "Family" code that was put into public discussion. This code brings clarity and happiness to the lives of families, it is another proof of the sanctity of paternal and maternal duty to every citizen of Uzbekistan, that it is the foundation of the Motherland that we are building, a real foundation stone. [1]

Taking into account local studies, foreign and international legal experience, first of all, the following issues should be resolved in the Legislative procedure:

- on the establishment of family courts handling criminal cases of domestic crimes, crimes committed by minors and civil cases related to all family and family relations [9];

- on introduction of mediation used by family courts to resolve disputes between family members as an alternative to criminal liability;
- imposition of an administrative penalty in the form of a fine for beating in the family and minor damage to health, and in the case of repeated family violence on the applicable detention;
- on the improvement of the state system of crime statistics by introducing the indicator of the relationship between the person who committed the crime and the person who has a family relationship. [2]

Thus, family violence, psychological discomfort within it are the main causes of juvenile homelessness and, as a result, an increase in juvenile delinquency.

Until the appropriate social policy is implemented in the state, until measures are taken to improve the institution of the family, the level of homelessness and the level of criminalization of the environment of teenagers are characterized by very high indicators.

When determining the causes of family conflicts, today, more than ever, negative situations related to women's busyness at work and at home, lack of free time for recreation and raising children should be taken into account.

Therefore, the majority of women believe that it is impossible to avoid serious conflicts and quarrels in family life and everyday life. Criminological studies have shown that the contradictions that arise when women perform many social roles determine the conflicting behavior not only of women themselves, but also of the people related to them, including the children they raise.

In such conditions, for obvious reasons, the possibility of violent resolution of conflicts that arise not only in the family and primarily threaten the life and health of children, but also criminal violence as a phenomenon that covers all spheres of modern society and the state. is growing itself. Based on this, a state program was developed on measures to be taken to ensure the interests of the family.

It is not for nothing that the Scientific and Practical Center of the Republic of Uzbekistan "Family" was established under the Women's Committee of the Republic

of Uzbekistan. The Family Code of the Republic of Uzbekistan dedicated to the legal regulation of adult life issues has been adopted. Happy families make a happy community. Because happy parents raise happy children. Children of parents who love each other will also love each other.

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