

## THE ROLE OF VIDEO-BASED EXERCISES IN DEVELOPING SPEAKING SKILLS IN FOREIGN LANGUAGE TEACHING

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### **Abstract**

This article examines the effectiveness of video-based exercises in developing speaking skills in foreign language learning. The study highlights how audiovisual materials enhance learners' communicative competence, pronunciation, and fluency. The paper also discusses methodological approaches to integrating video content into classroom practice. The findings suggest that video-based instruction significantly increases students' motivation and improves their oral communication skills.

### **Annotatsiya**

Mazkur maqolada chet tillarni o'qitishda video mashg'ulotlar orqali og'zaki nutqni rivojlantirish masalasi yoritilgan. Audiovizual materiallarning o'quvchilarning kommunikativ kompetensiyasi, talaffuzi va ravon nutqini rivojlantirishdagi ahamiyati tahlil qilingan. Shuningdek, video materiallarni dars jarayoniga integratsiya qilish usullari ko'rib chiqilgan. Tadqiqot natijalari video asosidagi mashg'ulotlar o'quvchilarning motivatsiyasini oshirib, og'zaki nutq ko'nikmalarini yaxshilashini ko'rsatadi.

### **Аннотация**

В данной статье рассматривается роль видеоуроков в развитии устной речи при изучении иностранных языков. Анализируется влияние аудиовизуальных материалов на коммуникативную компетенцию, произношение и беглость речи учащихся. Также рассматриваются методические подходы к использованию видео в учебном процессе. Результаты исследования показывают, что использование видео повышает мотивацию учащихся и улучшает их навыки устной речи.

### **Introduction**

In modern language education, the development of speaking skills is considered one of the most challenging aspects of foreign language learning. Traditional teaching methods often fail to provide sufficient opportunities for authentic communication. As a result, educators are increasingly turning to innovative tools such as video-based exercises to enhance learners' oral proficiency.

Video materials combine visual and auditory elements, making them highly effective in simulating real-life communication contexts. They expose learners to natural language, including intonation, gestures, and cultural nuances, which are essential for effective speaking.

#### Theoretical Background

Speaking is a productive skill that requires the integration of linguistic knowledge and communicative competence. According to communicative language teaching principles, learners must actively participate in meaningful interaction to develop fluency.

Video-based learning aligns with several pedagogical theories:

Multimedia Learning Theory suggests that learners process information better when it is presented through both visual and auditory channels.

Communicative Approach emphasizes real-life communication, which videos naturally provide.

Social Learning Theory highlights the importance of observation and imitation, both of which are facilitated through video content.

#### The Role of Video in Developing Speaking Skills

Video materials play a crucial role in enhancing different aspects of speaking:

##### 1. Improving Pronunciation and Intonation

Videos allow learners to hear native speakers and imitate their pronunciation, stress, and rhythm. This exposure helps reduce accents and improve clarity.

##### 2. Enhancing Vocabulary and Expressions

Learners are introduced to contextualized vocabulary, idioms, and everyday expressions, which are essential for natural communication.

##### 3. Increasing Fluency

Repeated exposure to dialogues and conversations helps learners internalize language patterns, leading to more fluent speech.

##### [26.04.2026 23:02] ДИЛИМ: 4. Developing Listening-Speaking Integration

Video exercises combine listening and speaking, enabling learners to respond appropriately in conversations.

#### Types of Video-Based Exercises

Different types of activities can be used to develop speaking skills:

##### 1. Role-Playing

Students watch a scene and then act it out, practicing dialogue and interaction.

##### 2. Discussion Activities

Learners discuss the content of a video, express opinions, and engage in debates.

##### 3. Shadowing Technique

Students repeat what they hear in real-time, improving pronunciation and fluency.

#### 4. Story Retelling

After watching a video, students summarize or retell the story in their own words.

#### 5. Predictive Speaking

Learners predict what will happen next in a video, encouraging spontaneous speech.

#### Methodology

This study is based on qualitative analysis and classroom observations. A group of language learners participated in video-based speaking activities over a period of several weeks. Data was collected through:

Observation of classroom interaction

Student feedback

Oral performance assessments

#### Results and Discussion

The results indicate that video-based exercises significantly improve students' speaking abilities. Key findings include:

Increased student participation and confidence

Improved pronunciation and fluency

Greater use of authentic language expressions

Higher motivation and engagement

Students reported that video materials made learning more enjoyable and helped them understand real-life communication better.

#### Challenges in Using Video Materials

Despite the advantages, some challenges exist:

Technical issues such as lack of equipment

Difficulty in selecting appropriate video content

Time constraints in classroom settings

Varied proficiency levels among students

Teachers must carefully plan and adapt video materials to suit learners' needs.

#### Conclusion

Video-based exercises are a powerful tool for developing speaking skills in foreign language learning. They provide authentic input, enhance motivation, and create interactive learning environments. Integrating video into language teaching can significantly improve learners' communicative competence.

Future research should focus on the long-term effects of video-based instruction and the development of more structured methodologies for its implementation.

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