

**PARENTS — THE JEWEL OF OUR LIVES AND THE  
FOUNDATION OF OUR HAPPINESS**

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**Annotation.** This article, written from the perspective of a 6th grade student from Uzbekistan, reflects on the immeasurable value of parents in a child's life. Through heartfelt observations and cultural wisdom, the author explores the distinct yet complementary roles of a father and a mother, and underlines the sacred duty of children to honour, respect, and cherish their parents throughout their lives. The article serves as a sincere reminder that parents are the greatest treasure a person can ever possess.

**Key words:** parents, father, mother, family, love, respect, duty, gratitude, sacrifice, upbringing, happiness, values, youth, responsibility, culture.

**Introduction**

In this world, there exist certain souls whose love knows no boundary and whose hearts, in even the most difficult of times, remain a shelter and a refuge for us. These souls are none other than our beloved parents. It is through their prayers that we grow and flourish; it is through their love that we find the strength to overcome the trials of life. Parents are, without question, the greatest blessing that a person can ever receive in this world — and yet, all too often, we fail to recognise the depth of that blessing until we are much older. This article seeks to reflect on the irreplaceable role that parents play in our lives and to remind us of the sacred duty we owe them in return.

**1. Father — A Symbol of Dedication and Strength**

A father is the pride and the pillar of the family home. Without sparing himself, he works tirelessly for the peace of his family and for the bright future of his children. Behind the steadfast gaze of a father lies an immense trust in his child and a deep, unwavering longing to see that child happy. A father is, in many ways, our very first teacher in life — the one who shows us how to be courageous, honest, and just in all that we do.

A father's love is often expressed not in words, but in actions. He rises early and returns late so that his family may want for nothing. He makes sacrifices quietly and without complaint, expecting nothing in return. The security and confidence we feel as children — the belief that someone is always watching over us, that we are never truly alone — is, in large part, the gift of a father's enduring presence and devotion.

## **2. Mother — An Ocean of Boundless Compassion**

A mother is the highest and most perfect expression of kindness and tenderness. She is the one who brought us into this world, who stayed awake through countless nights to care for us, and who rejoiced at every one of our achievements even more deeply than we did ourselves. A mother's prayer and her gentle, warm words shield us from every danger and difficulty that life may bring. It is no coincidence that the saying goes: "Paradise lies beneath the feet of mothers" — for the love that dwells within a mother's heart is truly without equal.

A mother's love is the first love we ever know, and it remains with us for the rest of our lives. From the very first breath we take, she is there — nurturing, guiding, and protecting. She is the one who teaches us to speak, to walk, to laugh, and to love. The warmth of her embrace is a feeling that no words can fully capture, and her absence, when it comes, leaves a void that nothing in the world can ever truly fill.

## **3. The Duty of a Child**

Parents give us their love without ever asking for anything in return. Our duty, therefore, is to honour and cherish them in their old age, to attend to their hearts and their needs, and to lift their spirits with kind and affectionate words whenever we can. To earn the contentment and approval of our parents is the surest and most beautiful path to finding blessing and meaning in our own lives.

In many cultures and traditions around the world, the respect and care of one's parents is considered among the most fundamental of moral obligations. In Uzbek culture, this duty is held especially dear. We are taught from a young age that a home in which parents are loved and respected is a home filled with light, harmony, and joy. Conversely, to neglect or cause pain to one's parents is seen not only as a personal failing, but as a source of great sorrow for the entire family.

## **Conclusion**

Parents are the greatest wealth we possess in this life. As long as they are with us, we still feel like children — sheltered, loved, and at home in the world. Let us, therefore, recognise their worth while they are still here beside us, and let us never cause them pain or sorrow. For in all this world, no one and nothing can ever take the place of a mother and a father. They are the jewel of our lives — and it is our most sacred duty to treat them as such.

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