

**HOW DO YOU SPEAK ENGLISH FLUENTLY?***By Halimjonova Muslima Karimjon qizi**a 6th grade student of school No.1,**To 'raho 'rg'on district, Namangan region**English teacher: Mannobov Abdumalik Mansurjon o'g'li*

**Annotation.** This article, written from the perspective of a 6th grade student from Uzbekistan, reflects on the universal challenge of learning to speak English fluently. Drawing on her own experience and the guidance of her English teacher, the author shares three practical habits that transformed her ability to communicate with confidence: daily writing practice, consistent vocabulary building, and speaking aloud in front of a mirror. The article encourages young learners never to fear mistakes and to treat language learning as a lifelong pursuit rather than a temporary task.

**Key words:** English language, fluency, speaking practice, vocabulary, writing practice, motivation, perseverance, language learning, education, Uzbekistan, youth, self-confidence.

**Introduction**

Nowadays, English has become the language of the world, and for this reason almost everyone is striving to learn it. It is often said that half of the world's population already speaks English, while the other half is in the process of learning it. Yet for many learners, the greatest difficulty is not understanding grammar or memorising words, but speaking the language easily and fluently in everyday conversation. I once faced this very same problem myself, and through trial, guidance, and persistence, I discovered a method that changed everything for me.

**1. The Method My Teacher Taught Me**

I tried many different approaches and listened carefully to the advice of those around me, but it was my English teacher who finally showed me the method that worked. He recommended three simple yet powerful habits. The first was to write short texts in English every day, since the act of writing helps the mind retain new words and structures far better than reading alone. The second was to memorise new English words regularly, because no matter how confidently a person can form sentences, fluent speech is simply impossible without sufficient vocabulary. The third habit was to stand in front of a mirror every day and speak English aloud for ten to twenty minutes, allowing myself to hear my own voice, correct my pronunciation, and grow more comfortable expressing my thoughts without hesitation.

**2. The Results of Practice and Gratitude**

These three habits, simple as they may sound, brought me remarkable progress. Within a short time, my speech became noticeably smoother, and I found myself reaching for words with far less hesitation than before. I am deeply grateful to my teacher for this advice, for it was his guidance that set me on the right path. As a piece of friendly advice to others, I would say: never stop working on yourself, and never stop learning a language once you have begun.

### **3. Looking Toward the Future**

I believe that if a person commits wholeheartedly to learning something, they will eventually master it. I have been learning English for many years now, and through this journey I have come to understand one simple truth: a learner must never stop studying and must always strive to learn more. My current goal is to be admitted to Ibrat School, to continue working on myself, and to learn several more languages along the way. I am confident that, with effort, I will achieve all of this.

### **Conclusion**

Above all, a person should focus only on reaching the goals they have set for themselves, without fearing mistakes, and should always try to see the positive side of every situation. These are the principles I try to live by, and they bring me genuine joy and satisfaction in life. I encourage you, too, to keep learning and never to give up, for in doing so you will surely reach your own dreams. If you follow this advice, you will undoubtedly be able to speak English with ease and fluency. I wish you every success.

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