

## HOW WATCHING MOVIES CAN IMPROVE ENGLISH

**Sagatova Muborak Payzidinovna**

The University of Journalism and Mass communications

Senior Lecturer of Foreign Languages Department

[sagatova.@700gmail.com](mailto:sagatova.@700gmail.com)

**Olimova Shohida Shuxrat qizi**

The University of Journalism and Mass communications

1st year student of Foreign Languages Department

[shohida00829@icloud.com](mailto:shohida00829@icloud.com)

**Abstract:** This article examines the benefits of watching English movies for language learning, focusing on listening, vocabulary, speaking skills, and psychological effects. Movies help improve listening by familiarizing learners with natural pronunciation, different accents, and fast-paced dialogues. They also expand vocabulary by providing words, phrases, idioms, and informal expressions in context, reinforced through repetition and subtitles.

**Key words:** movies, language, learning, listening, skills, vocabulary, development, fluency, pronunciation, shadowing, technique, confidence, motivation

**Annotatsiya:** Ushbu maqolada til o'rganish uchun ingliz tilidagi filmlarni tomosha qilish, tinglash, so'z boyligi, nutq qobiliyatlari va psixologik effektlarga e'tibor qaratishning afzalliklari ko'rib chiqiladi. Filmlar o'quvchilarni tabiiy talaffuz, turli urg'u va tezkor dialoglar bilan tanishtirish orqali tinglashni yaxshilashga yordam beradi. Ular, shuningdek, takrorlash va subtitrlar orqali mustahkamlangan kontekstdagi so'zlar, iboralar, idiomalar va norasmiy iboralarni taqdim etish orqali so'z boyligini kengaytiradi.

**Kalit so'zlar:** filmlar, til, tinglash, so'z boyligi, rivojlantirish, ravon, talaffuz, soya qilish texnikasi, motivatsiya

**Аннотация:** В этой статье рассматриваются преимущества просмотра англоязычных фильмов для изучения языка, с акцентом на аудирование, словарный запас, навыки говорения и психологические эффекты. Фильмы помогают улучшить навыки аудирования, знакомя учащихся с естественным произношением, различными акцентами и динамичными диалогами. Они также расширяют словарный запас, предоставляя слова, фразы, идиомы и неформальные выражения в контексте, подкрепляемые повторением и субтитрами.

**Ключевые слова:** Английские фильмы, изучение языка, навыки аудирования, развитие словарного запаса, беглость речи, произношение, техника повторения, уверенность в разговорной речи, мотивация, обучение английскому языку как иностранному.

In the modern world, English has become a crucial language for communication, education, and professional growth. Among the various methods of learning, watching English movies stands out as an engaging and effective tool. Films provide exposure to authentic speech, different accents, natural intonation, and diverse vocabulary. Unlike textbooks, movies present language in real-life contexts, allowing learners to understand how English is used in everyday conversations. Moreover, watching films can boost learners' motivation and confidence, encouraging them to practice speaking and actively engage with the language.

### **The benefits of English language movies on listening skill**

First of all, movies help improve listening skills. When people watch films in English, they hear different accents, pronunciation, and speaking speeds. This helps them get used to natural speech, which is often faster and less clear than in textbooks. Moreover, movies expose learners to real-life conversations, including informal language, slang, and everyday expressions. As a result, students can better understand native speakers in real situations. In addition, watching movies regularly trains the ear to recognize words more quickly, even when sentences are long or spoken quickly.

## **The effect on Vocabulary**

Watching movies is an effective way to expand vocabulary. Viewers are exposed to a wide range of words, phrases, and expressions used in natural contexts. Rather than memorizing isolated vocabulary, learners can observe how language is used in real conversations, which makes it easier to understand and remember. Furthermore, movies often include repeated phrases and common expressions, allowing students to internalize them over time. Subtitles can also play a significant role, as they help learners connect spoken language with its written form. In addition, films introduce idiomatic expressions, slang, and informal language that are rarely taught in traditional classrooms. This not only enriches vocabulary but also enables learners to communicate more naturally and fluently. Consequently, regular exposure to such content significantly enhances both comprehension and overall language proficiency.

## **Improving Speaking skill**

The results confirm the idea that watching English movies helps improve speaking fluency. One of the main reasons is exposure to authentic pronunciation, as learners tend to imitate native speakers, which enhances their accent and intonation. In addition, improved listening comprehension allows students to understand spoken English more easily and respond more naturally. Movies also provide meaningful contexts, enabling learners to use vocabulary appropriately in real-life situations. Furthermore, regular exposure to conversational language helps build confidence and reduces anxiety when speaking. From a teaching perspective, movies can be effectively integrated into EFL classrooms. For instance, teachers may use short film clips for speaking practice, encouraging students to imitate dialogues. Techniques such as shadowing and dubbing can further develop pronunciation skills. Moreover, post-viewing discussions about the plot and characters can promote fluency. However, there are some challenges. Beginners may find it difficult to understand fast speech, so using subtitles at the beginning can be helpful. Additionally, passive watching may not lead to improvement unless learners actively participate in speaking activities.

## Inspiration and speaking confidence

Apart from improving technical language skills, watching English movies also has a strong psychological effect on learners. According to Chaya (2022), students who regularly watch English films tend to feel more confident when speaking, as they become familiar with common expressions used by native speakers. This idea is further supported by research conducted by Yusoff et al. (2021), which found that watching movies can help reduce anxiety related to speaking English while also increasing learners' motivation. Moreover, another study by Djanuwarso & Deskilasari (2022) revealed that students who actively engage with movies—for instance, by using the “shadowing” technique (repeating dialogue at the same time as it is spoken)—show noticeable progress in their speaking fluency. This method enables learners to imitate the rhythm and intonation of native speakers, which contributes to clearer and more fluent speech.

Watching English movies is both enjoyable and highly beneficial for language learners. It improves listening comprehension, enriches vocabulary, enhances speaking fluency, and strengthens confidence. For optimal results, learners should actively engage with films through imitation, shadowing, and discussions. By combining entertainment with education, movies offer a natural, motivating, and effective way to develop comprehensive English skills.

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